



Rock climbing in Eldorado Canyon

5 MONDAY

* Colorado voter registration due

6 TUESDAY

7 WEDNESDAY

* Multiple significant registration deadlines, see "Significant Dates" (page 6) for details • Tuition due



8 THURSDAY

9 FRIDAY

*Semini Atzeret begins at sundown

10 SATURDAY

* Football: CU vs. Texas at Austin, TX • Simhat Torah begins at sundown • Semini Atzeret ends at sundown

11 SUNDAY

* Simhat Torah ends at sundown

OCTOBER

S	M	T	W	R	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOVEMBER

S	M	T	W	R	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
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29	30					



October 16 - 18
CU Boulder

BIONEERS

Revolution from the Heart of Nature



<http://ecenter.colorado.edu/bioneers>



Family Weekend

12 MONDAY

COLUMBUS DAY

* Thanksgiving Day (Canada)

13 TUESDAY

14 WEDNESDAY

* Spring 2010 course listings available on the web (tentative date)



15 THURSDAY

16 FRIDAY

* Fall Convocation • Family Weekend through October 18 • Women's Soccer: CU vs. TBA, 4:00 pm, Prentup Field

17 SATURDAY

* Football: CU vs. Kansas, Folsom Field • Diwali

18 SUNDAY

OCTOBER						
S	M	T	W	R	F	S
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NOVEMBER						
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29	30					

FAMILY WEEKEND SPECIALS
 at the **CU Book Store**
 No Other Store Supports CU More!
 UMC 303-492-6411 www.cubookstore.com



SINGLE-STREAM CONTAINERS

For Curbside Pick-up

Place your commingled containers and mixed paper in the same bin

Commingled Containers

For Curbside Pick-up

- YES** Steel (tin) cans (do not crush or flatten)
- YES** Aluminum cans (do not crush or flatten), pie pans, & balled food (2" or larger, cleaned)
- YES** Metal jar lids & metal bottle caps (loose)
- YES** Glass bottles & jars of all colors
- YES** Paper milk cartons & drink boxes (rinsed, do NOT flatten, no foil pouches)
- YES** Plastic #1-#7 bottles or jugs (no #7 PLA compostables, no lids or caps, do not flatten)
- YES** Plastic #1-#7 tub or screw-top jar (no #7 PLA compostables, no lids or caps)

Please empty and rinse out all containers.

- Affixed labels are OK.
- Don't crush aluminum cans.
- Ball up aluminum foil to 2 inches or more in diameter.

- NO** Plastic bags of any kind
- NO** Plastic lids or caps
- NO** #7 PLA compostables
- NO** Nonrecyclable plastics or Styrofoam
- NO** Plastic six-pack holders
- NO** Plastic microwave trays
- NO** Scrap metal
- NO** Motor oil bottles
- NO** Mirrors, ceramics, or Pyrex
- NO** Drinking glasses, windows, light bulbs, plates, or vases
- NO** Take-out Styrofoam "clamshell" or paper containers
- NO** Plastic vitamin or prescription bottles
- NO** Trash
- NO** Hazardous or biohazardous waste
- NO** Needles or syringes
- NO** Lotion or soap pumps

Mixed Paper

For Curbside Pick-up

- YES** Magazines, catalogs, slick ads, & brochures
- YES** Phone books
- YES** Paperback books

- YES** Newspapers & their inserts (remove plastic bags)
- YES** Corrugated cardboard & brown paper bags
- YES** Paperboard (cereal boxes, shoe boxes, gift boxes, & paper egg cartons)
- YES** Slick ads & brochures
- YES** White or pastel office paper
- YES** File folders, sticky notes, & index cards
- YES** Blueprints
- YES** Carbonless (NCR) paper
- YES** Opened & sorted mail, envelopes (with our without windows)
 - Staples, paperclips, stamps, address labels, wire, metal fasteners, plastic spiral bindings, and plastic tabs are OK.
 - Flatten large corrugated cardboard and place under the lid of your cart.
- NO** Plastic bags of any kind
- NO** Shredded paper
- NO** String
- NO** Hardback books
- NO** Photographs or carbon paper
- NO** Gift wrap or tissue paper
- NO** Boxes lined with foil or plastic
- NO** Paper-ream wrappers
- NO** Very dark or fluorescent colored paper
- NO** Tissues, towels, napkins, plates, or cups
- NO** Kraft envelopes in dark brown, gold, or orange colors
- NO** Pet food, kitty litter, fertilizer, or charcoal bags
- NO** Frozen food, ice cream, or frozen juice containers
- NO** Tyvek envelopes
- NO** Waxed paper or waxed cardboard
- NO** Styrofoam or paper to-go containers
- NO** Trash

COMPOSTING

For Curbside Pick-up

- YES** Yard waste (leaves, garden trimmings, branches, grass, & weeds)
 - YES** Compostable paper products (paper napkins & towels, noncoated paper plates, coffee filters, & tea bags)
 - YES** Compostable products made from plant starches (take-out containers, #7 PLA cups, containers & utensils made from corn starch)
 - YES** Plant-based food waste (vegetables, fruit)
- Contact your trash/recycling hauler for instructions and specifics.**

BOULDER COUNTY RECYCLING CENTER

This drop-off center accepts many of the materials collected at curbside, as well as additional materials. Please see the list below for ALL accepted materials. Clean containers before recycling. Materials are NOT accepted single-stream at the drop-off center and should be separated into the following categories.

Accepted Materials for Drop-off Center

Commingled Containers

- Aerosol cans (empty, no caps)
- Aluminum cans, pie pans, & clean, balled aluminum foil (2" or larger)
- Steel (tin) cans
- Glass bottles & jars
- Paper milk cartons & drink boxes
- Plastic bottles & milk jugs: #1, #2, #5 only (no lids)
- Plastic screw-top jars: #1 only (no lids)
- Plastic tubs & cups: #2 & #5 only (no lids)

**Corrugated Cardboard & Brown Paper Bags
Paperboard (cereal-box type material) & Shredded Paper
Mixed Office Paper**

Magazines & Catalogs

Newspaper & Inserts

Office Paper & Opened Mail

Phone Books

Scrap Metal

- Includes metal appliances NOT containing Freon or CFCs; these may only be dropped off Monday-Friday, 7:30 am-3:00 pm.

The Boulder County Recycling Center's drop-off facility is located just north of Arapahoe at 1901 63rd St. It is open 7 days a week, 24 hours a day. For questions on recycling or the center's detailed guidelines, call 303-444-6634 or 720-564-2220, or visit www.ecocycle.org or www.bouldercounty.org/recycling.

HARD-TO-RECYCLE ITEMS

Eco-Cycle/City of Boulder Center for Hard-to-Recycle Materials (CHaRM) accepts computer equipment, TVs, VCRs, DVDs, audio equipment, fax machines, cell phones, copiers, inkjet and laser jet cartridges, books, computer/office manuals, plastic grocery and newspaper bags (#2, #4, clean, dry, and empty), #6 white block foam, #2 durable plastic (large toys, buckets, etc.), bike tires and tubes, fire extinguishers, small electronics, textiles, used cooking oil, porcelain sinks and toilets, and worn-out athletic shoes. Some



materials are accepted for a fee and there is a facility fee.

ChARM is located at 5030 Old Pearl St. and is open Monday-Saturday, 9:00 am-4:00 pm. For directions to ChARM, fees, and detailed guidelines on other materials accepted, call 303-444-6634 or visit www.ecocycle.org/charm.

HOUSEHOLD HAZARDOUS WASTE

Don't throw your toxic materials in the trash! Due to hazardous ingredients, many products used in the home, garden, and garage require special disposal. To learn about what makes a product hazardous, how to reduce your use of hazardous products, and which items are accepted at the Boulder County Hazardous Waste Facility, call 303-441-4800 (hotline) or 720-564-2220, or visit www.bouldercounty.org/recycling and click on Hazardous Waste.

The Boulder County Household Hazardous Waste Facility is located at Western Disposal's transfer station, 5880 Butte Mill Road, in Boulder. The center is open Wednesday, 8:00 am-3:30 pm, and Fridays and Saturdays, 8:00 am-12:00 pm.

RECYCLING & COMPOSTING RESOURCES

Still have questions about recycling? These local sources can help.

Eco-Cycle's Recycling and ChARM hotline:

303-444-6634, www.ecocycle.org

Boulder County trash & recycling:

720-564-2220, www.bouldercounty.org/recycling

City of Boulder curbside recycling, Recycle Boulder Hotline:

303-999-3823, www.bouldercounty.gov

Composting: Contact your trash hauler.

ON-CAMPUS RECYCLING

CU RECYCLING 303-492-8307

<http://recycling.colorado.edu>

In 1976, CU-Boulder students created one of the nation's most successful university recycling programs. CU now recycles more than 1,400 tons of materials each year. Even Buffs games have gone green: 2008 marked the first-ever zero-waste program at an NCAA Bowl Championship Series stadium with the kick-off of Ralphie's Green Stampede, a recycling and composting program to cut sporting events' environmental footprint. Every person's effort to recycle adds up and makes a difference economically and environmentally. Operating as a partnership between University of Colorado Student Union (UCSU), Facilities Management, and the Department of Housing and Dining Services, CU Recycling diverts 30 percent of campus waste — 5 tons daily — out of the landfill, saves the campus more than \$235,000 annually, and reduces our environmental impact. Recycling is convenient in and around every campus building. Look for bins marked for:

- commingled containers

- office pak
- newspapers
- magazines, catalogs, & phone books
- corrugated cardboard
- single stream (one bin for both mixed paper and commingled materials)

Use city mixed paper and commingled container guidelines.

"We need to CU Recycling!" For more information, including campus recycling guidelines, stop by UMC 355, call 303-492-8307, or visit <http://recycling.colorado.edu>.

GREEN TEAMS

If you live on the Hill or in Goss-Grove, the Green Teams can answer your off-campus household's recycling questions. Do you need bins to get started? Do you need larger bins? When is your pick-up day? Wonder what is and is not recyclable and why? Contact the Green Teams, 303-492-8307. The Green Teams is a program of CU Recycling and the City of Boulder.

ON-CAMPUS RECYCLE GUIDE

	COMMINGLED CONTAINERS	OFFICE PAK	CORRUGATED CARDBOARD	NEWSPAPER	MAGAZINES & PHONEBOOKS	SINGLE-STREAM PILOT
RESIDENCE HALLS			✓			✓
• Located at each loading dock						
Computer and copy rooms			✓			✓
Residence Hall rooms: use in-room blue bin			✓			✓
ACADEMIC AND ADMINISTRATIVE BUILDINGS	✓	✓		✓		
• Major lecture halls						
Central locations	✓	✓		✓	✓	
Computer and copy rooms		✓				
Office deskside containers		✓		✓		
UNIVERSITY MEMORIAL CENTER	✓	✓		✓		
• Grill, food court, fountain area						
Central locations	✓	✓		✓		
Office deskside containers		✓		✓		
FAMILY HOUSING			✓			✓
• Containers near trash dumpsters						
DROP-OFF SITE (open 9:00 am-5:00 pm, Monday-Friday)	✓	✓	✓	✓	✓	
• CU Recycling's Intermediate Processing Facility						



TRAIL NAME	LOCATION	BIKES	DOGS	NEARBY TRAILS	RESTROOMS	PARKING FEE
Anemone Hill Trail / Centennial Park	South side of Sunshine Canyon, just west of Mount Sanitas Trailhead	no	voice & sight	Red Rocks Trail	no	no
Boulder Falls	11 miles west of Boulder, on the north side of Boulder Canyon Dr. (SR 119) between Boulder and Nederland	no	voice & sight	Boulder Creek Path	no	no
Chautauqua Meadow	Chautauqua Park (Grant and Baseline streets in Boulder)	no	voice & sight	Chautauqua; Mesa; Baseline; Bluebell-Baird; Royal Arch; Woods Quarry; 1st, 2nd, & 3rd Flatiron Climbing Access Trails	yes	no
Crown Rock	approximately 2.1 miles up Flagstaff Rd.	Crown Rock	voice & sight	Crown Rock	no	yes
Enchanted Mesa / McClintock	Just south of Chautauqua Auditorium, at end of 12th St. (south of Baseline Rd.)	no	voice & sight No dogs on McClintock Trail.	Enchanted Mesa, McClintock, Mesa	no	no
Flagstaff Summit	3.4 miles up Flagstaff Road; 0.5 miles on Flagstaff Summit Rd. Vehicular access May through October only.	no	voice & sight	Flagstaff, Boy Scout, Plains Overlook, Ute, Range View	yes	yes
Four-Mile Creek	0.3 mile west of Broadway on Lee Hill Rd.	Foothills only	Dogs must be on a hand-held leash.	Foothills, Old Kin, Wonderland Lane	no	no
Gregory Canyon	West end of Baseline Rd.; south on Gregory Canyon Trailhead access road	no	voice & sight	Gregory Canyon, Saddle Rock, Bluebell-Baird, Amphitheater, Flagstaff, Crown Rock	yes	yes
Marshall Mesa	East of the junction of Hwy. 93 and Marshall Rd.	Marshall Mesa, Community Ditch & Greenbelt Plateau only	voice & sight	Community Ditch, Marshall Mesa, Greenbelt Plateau	yes	no
Mesa Trail — South	1.7 miles west of Hwy. 93 on Eldorado Springs Dr. (Hwy. 170)	no	voice & sight. Leash & seasonal restrictions on Towhee.	Mesa, Towhee, Homestead, Big Bluestem, S. Boulder Creek, Shadow Canyon, S. Boulder Peak & Bear Peak via Shadow Canyon	yes	no
Mount Sanitas	0.5 mile west of 4th St. on Mapleton Ave.	no	voice & sight	Valley, Mt. Sanitas, E. Ridge, Dakota Ridge	no	no
NCAR (National Center for Atmospheric Research)	West end of Table Mesa Dr. at NCAR	no	voice & sight	NCAR, Mesa, Skunk Canyon, Mallory Cave, Bear Canyon, Bear Peak West Ridge, Green Bear, Fern Canyon	yes	no
Panorama Point	This pulloff is located approximately 0.5 miles up Flagstaff Rd.	yes	voice & sight	Flagstaff Rd., Flagstaff Trail, Viewpoint Trail, Hawthorne	yes	yes
Realization Point	3.4 miles up Flagstaff Rd. at its junction with Flagstaff Summit Rd.	no	voice & sight	Ute, Range View, Tenderfoot-Chapman Loop, Ranger, E.M. Greenman	no	yes
Sawhill Ponds	East of the Boulder city limits on the west side of 75th St., 0.6 mile north of Valmont Rd.	no	Leash dogs at all times west of the main parking lot. Voice & sight control east of the parking lot.	Sawhill Ponds	yes	no
Settlers Park / Red Rocks	West end of Pearl St. at its junction with Canyon Blvd.	no	voice & sight	Red Rocks Trail	no	no
Shanahan Ridge	Southwest end of Hardscrabble La. (no public parking)	no	voice & sight	Shanahan, Mesa	no	no



**OPEN SPACE &
MOUNTAIN PARKS REGULATIONS**
303-441-3440
www.ci.boulder.co.us/openspace

Boulder is known for its natural beauty and outdoor recreation. More than 43,000 acres of land have been preserved and protected. Wildlife habitat, unique geologic features, greenways, and 130 miles of trails are all part of Boulder's Open Space & Mountain Parks (OSMP). These lands provide scenic enjoyment and passive recreation for area residents and visitors. Please help protect them by enjoying them appropriately.

ALCOHOL

State law prohibits the consumption of alcohol greater than 3.2% in any public place. Glass containers are prohibited on OSMP lands.

BIKE REGULATIONS

Biking is allowed only on designated trails, which are identified on the OSMP Trail Map.

Why: Bikes must remain on-trail to limit erosion and costly trail maintenance, and reduce conflicts between users.

When people or animals walk, they leave disjointed tracks, whereas a bike leaves a continuous rut that water will follow when draining. Also, some visitors prefer not to be startled by a biker.

CAMPING & CAMPFIRES

Camping and use of a vehicle as a residence are prohibited. No tents or nets may be erected. There is ONE exception: a small campground at Fourth of July Trailhead, located in the mountains about one hour west of Boulder.

Fires are permitted only at the Flagstaff Mountain area, and only in the designated fire pits or grills. Fires are prohibited between 11:00 pm and 6:00 am, and must be extinguished completely prior to leaving the area. Fire bans may be in effect.

Why: Both require increased maintenance and patrol. Camping can negatively impact vegetation, wildlife, and other park visitors, and human waste may jeopardize the environment. Campfires increase the danger of wildfire.

CLIMBING & BOLTING

Adding new fixed hardware (bolts, pitons, pins) is prohibited. If you find a bolt that needs replacing, note it on the Notification for Bolt Replacement Form and submit to OSMP staff.

Why: Because Mountain Parks is such a popular destination for climbers, there is an abundance of scarring, social trails, and other natural resource damage from new route development and placing fixed protection.

DOGS

Dog regulations vary on OSMP lands. In some areas dogs must be leashed. In other areas, dogs may be allowed off leash if they meet OSMP's voice and sight control standards at all times. Dogs are prohibited on a few trails. Consult OSMP for details on trails and

requirements for dogs. Visitors are legally responsible for picking up and disposing of their pet's excrement.

Why: Dogs must be managed when visiting in order to limit negative impacts on the environment and other visitors. Dogs can frighten or chase wildlife, and some visitors are afraid of dogs. Managing dogs also helps protect dogs and their guardians. For example, dogs sniffing in prairie dog holes can pick up fleas carrying



bubonic plague. Dogs can be stung by insects, sprayed by skunks, eaten by mountain lions, infected with rabies or distemper, injured, or lost. Dog waste is a health hazard and damages the environment. OSMP relies on visitors to pick up after their dogs. Each year OSMP staff remove about 40 tons of dog waste from trailhead trashcans. That's the equivalent weight of 15 Ford Explorers!

"LEAVE NO TRACE" PRINCIPLES

Protecting and preserving OSMP is the responsibility of those who visit it, love it, and help pay for it through their taxes. While visiting OSMP lands, please observe these six Leave No Trace principles, which will lighten your impact on the land and help keep it pristine for future generations.

- **Manage your dog.**
- **Pick up poop.**
- **Trash your trash — only in garbage cans.**
- **Leave it as you find it.**
- **Stick to the trails.**
- **Share our trails.**

Want to help protect these lands? Become an OSMP Education Volunteer and spread the Leave No Trace message.

MORE DETAILS

The regulations noted on this page are in effect on the City of Boulder OSMP for the enjoyment and protection of this unique resource. Visitors are responsible for knowing and obeying all OSMP regulations, so read posted regulations at each trailhead, as they vary by area. Violations may result in summons and/or fines. Rangers patrol OSMP lands. Contact OSMP for more details, additional regulations, and closures; call 303-441-3440 or visit www.ci.boulder.co.us/openspace.